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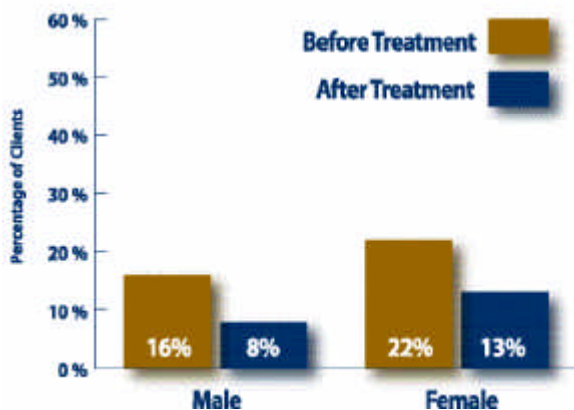
Background

This fact sheet compares the use of mental health services, depression, and suicide attempts reported by male and female clients before and after substance abuse treatment among clients participating in the NTIES. The number and percent of clients included:

- Male (n = 3,037; 69 percent)
- Female (n = 1,374; 31 percent)

The Use of Outpatient Mental Health Services Declined After Treatment for Male and Female Clients

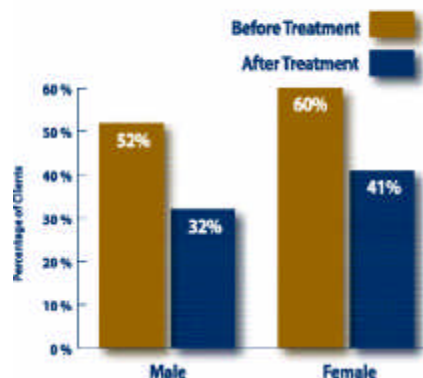
Percent of Clients Reporting the Use of Outpatient Mental Health Services Before and After Treatment by Gender (n = 4,411)



Clients were asked at treatment intake and at follow-up (one year after leaving treatment) whether they had received outpatient mental health treatment services in the past year. At intake, fewer than two in 10 male (16 percent) and more than two in 10 female (22 percent) clients reported having received outpatient mental health services in the past year. Compared to the year before treatment, the use of outpatient mental health services declined in the year after treatment. The proportion of male clients who received outpatient mental health services declined by half after treatment. There was a decline of more than one-third in the proportion of female clients who reported having received outpatient mental health services after treatment.

Depression Declined After Treatment for Male and Female Clients

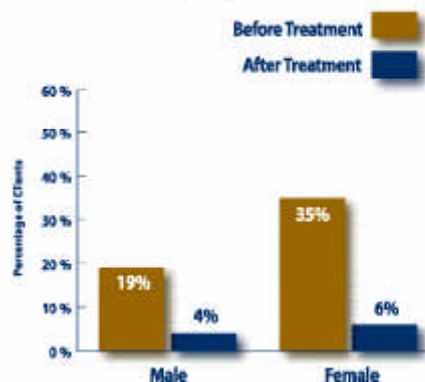
Percent of Clients Reporting Depression Before and After Treatment by Gender (n = 4,411)



Clients were asked at treatment intake and at follow-up (one year after leaving treatment) whether they had been depressed for two weeks or more in the past year. At intake, more than half of male clients (52 percent) and almost two-thirds of female clients (60 percent) reported depression. Compared to the year before treatment, depression declined in the year after treatment. There was a decline of about one-third in the proportion of both male and female clients who reported depression after treatment.

Suicide Attempts Declined After Treatment for Male and Female Clients

Percent of Clients Reporting Suicide Attempts Before and After Treatment by Gender (n = 4,411)



Clients were asked at treatment intake and at follow-up (one year after leaving treatment) whether they had attempted suicide in the past 12 months. At intake, about two in 10 male (19 percent) and more than one-third of female (35 percent) clients